

# Living the Sonas Values Monthly Award

Congratulations to

## Niamh Cahill

*at Sonas Nursing Home Ard na Greine*

*who has been selected for October Living the Sonas Values Award*

*We extend our appreciation and special thanks to the following employees also nominated this month:*

**Firstly a huge thanks to every member of the Sonas Team who are continuing their quality care in these unprecedented times**

<i>Raysel Zabella (Ard na Greine)</i>	<i>Ruth Ndanhoue (Athlone)</i>	<i>Gwen Valaine (Melview)</i>	<i>Michaela Brogam (Cloverhill)</i>
<i>Ruth Feeney (Ard na Greine)</i>	<i>Olivia Byrnes (Belmullet)</i>	<i>Corina Valenciu (Melview)</i>	<i>Sarah Callaghan (Cloverhill)</i>
<i>Sophie Murphy (Ard na Greine)</i>	<i>Lisa Garry (Belmullet)</i>	<i>Patrycja Hofmun (Melview)</i>	<i>Ann Dowd (Cloverhill)</i>
<i>Noreen Clarhe (Ard na Greine)</i>	<i>Noreen Hegarty (Belmullet)</i>	<i>Margaret O'Donnell (Melview)</i>	<i>Mary Mee (Cloverhill)</i>
<i>James Steveson (Ard na Greine)</i>	<i>Bridie Chambers (Belmullet)</i>	<i>Helen Wheeler (Melview)</i>	<i>Laura Mulroy (Cloverhill)</i>
<i>Andrea Devaney (Ard na Greine)</i>	<i>Kathleen Monaghan (Belmullet)</i>	<i>Tony Dunton (Melview)</i>	<i>Sinead Kelly (Cloverhill)</i>
<i>Angela McHale (Ard na Greine)</i>	<i>Claire Carey (Belmullet)</i>	<i>Basayya Mallapurmath (Tullow)</i>	<i>Margareta Gretu (Cloverhill)</i>
<i>Hazel Kijlgannon (Ard na Greine)</i>	<i>Erin Conway (Belmullet)</i>	<i>Milena (Tullow)</i>	<i>Nicola Satchwell (Cloverhill)</i>
<i>Rebecca Sweeney (Ard na Greine)</i>	<i>Helen Ginty (Belmullet)</i>	<i>Joan Doyle (Tullow)</i>	<i>Nicola O'Connor (Cloverhill)</i>
<i>Gerry McNulty (Ard na Greine)</i>	<i>Francis Cosgrove (Belmullet)</i>	<i>Nisha Sijo (Tullow)</i>	<i>Tony McDonagh (Cloverhill)</i>
<i>Fiona McGinty (Ard na Greine)</i>	<i>Daire Fitzmaurice (Riverview)</i>	<i>Chinchu Maria (Tullow)</i>	
<i>Nisha Thomas (Athlone)</i>	<i>Katie Flanagan (Riverview)</i>	<i>Sona Tomy (Tullow)</i>	
<i>Josh Wykes (Athlone)</i>	<i>Ku Shee (Riverview)</i>	<i>Freda Kehoe (Tullow)</i>	
<i>Monika Slawniak (Athlone)</i>	<i>Emma Durkan (Riverview)</i>	<i>Agnes Dulawa (Tullow)</i>	
<i>Realtin Dunne (Athlone)</i>	<i>Caroline Maheady (Riverview)</i>	<i>Emma Kavanagh (Tullow)</i>	
<i>Fergal Hardiman (Athlone)</i>	<i>Wioleta Gorecka (Melview)</i>	<i>Emily Connolly (Tullow)</i>	
<i>Fidela O'Mahony (Athlone)</i>	<i>Danah Walsh (Melview)</i>	<i>Catherine Kavanagh (Tullow)</i>	
<i>Blathnaid Duignan (Athlone)</i>	<i>Beata Trzpis (Melview)</i>	<i>Kathleen O'Connell (Tullow)</i>	
<i>Martina Fitzsimons (Athlone)</i>	<i>Jennifer Juanich (Melview)</i>	<i>Neeshma Varghese (Cloverhill)</i>	
<i>Edyta Starkowska (Athlone)</i>	<i>Diana Bieniek (Melview)</i>	<i>Ciara Fallon (Cloverhill)</i>	
<i>Charlene Fitzsimons (Athlone)</i>	<i>Manu Jose (Melview)</i>	<i>Breanne Farrell (Cloverhill)</i>	
<i>Shibu Ryan (Athlone)</i>	<i>Ciara Brennan (Melview)</i>	<i>Dermot Fallon (Cloverhill)</i>	
<i>Terry Burke (Athlone)</i>	<i>Wioleta Gorecka (Melview)</i>	<i>Anna Duda (Cloverhill)</i>	

*If you would like to nominate a member of staff who has exemplified our shared Values and who could be recognised and rewarded by Sonas next month; please complete the nomination form and place in the box at the Nursing Home reception.*

***Our Sonas Values: Teamwork Empathy Advocacy Warmth Empowerment Energy***